

Welcome, GW Revs! Read all about what the GW Dining Team has been "cooking up" as we kick-off another academic year.

A few quick reminders about the fall GW Dining program:

- Meal Plans for the fall 2024 semester are active from Friday, Aug. 16 to Tuesday, Dec. 17
- The last day to change your meal plan selection for this semester is **Thursday**, **Aug. 29.** Email <u>dining.gwu.edu</u> to assist.
- GW Dining locations are closed this week to prepare for the new academic year. Dining Halls will reopen for dinner service at 5 pm on Friday, Aug. 16 and all other locations reopen on Monday, Aug. 19.
- Check-Out GW Dining's <u>on-campus locations</u> and <u>hours</u>.



Pelham Commons is Your New "Social House at The Vern"

Get ready to experience the newly transformed Pelham Dining Hall. After a summer of renovations, we have created a vibrant space where you can enjoy great food and even better company. It is more than just a place to eat. Pelham Commons is a hub of energy where connections are made, conversations flow, and laughter fills the air. With fresh dining options, stylish new furniture, large communal tables, and an inviting outdoor patio, we invite you to gather together, dine in community, and stay awhile at your own "Social House on The Vern!"

Check out the 'Before' and 'After'!



OZZI Reusable Containers

Meet El Guichet, a third-year GW student studying Psychology who serves on the Student Advisory Panel.



As each summer hits a new heat temperature record and trash continues to pile up, it has become more important than ever to change not only your personal habits, but also your community's. Over 100 to-go boxes are used daily at our dining halls, and while they are compostable, that still adds up to a lot of waste. To combat this, I have been working with GW Dining to find a more sustainable alternative. We first researched and interviewed several programs. Then, after presenting our findings, our GW Dining Student Advisory Panel voted on which program would best suit the needs and goals of the GW Community.

With that being said, I am so excited to introduce you to GW Dining's newest sustainability initiative, OZZI: a revolutionary reusable to-go box program.

How it works is simple and only involves three (3) steps:

- 1. **Check-out a box.** This is done by providing a \$5 deposit fee from your Dining Dollar balance. (read: **deposit**, you will get this back!)
- 2. **Return it.** After each use, you can go to any dining hall location on campus and drop it off in an OZZI bin. Then, your \$5 deposit will be returned to your account!
- 3. Reuse. The returned boxes are then washed, sanitized, and ready for reuse.

OZZI is a closed-loop system, meaning nothing is disposed of. Even at the end of the container's life (which is typically after 1,000 uses), OZZI turns the plastic waste into like-new plastic to make new boxes. With OZZI, GW Dining will significantly reduce its disposable waste and push us closer to our combined goal of becoming a greener campus community.

Free Grubhub+ Membership & Mobile Ordering

Add your GWorld card to the Grubhub app to get a bunch of cool perks! Download the Grubhub app and follow a few <u>quick steps</u> to affiliate your account with George Washington University. Download from Apple or Android stores. Once completed, you will be automatically enrolled in the Grubhub+ Student Membership, which gives you free delivery on orders over \$18, and can use the Grubhub app to order on-campus food ahead of time.



Family Farewell

Sunday, Aug. 18 | Dinner | All Dining Halls

Move-in weekend is hectic as you get settled into your new home. During this busy time, take a break and spend some extra quality time with your family over a shared meal! Invite them to join you for dinner at one of our campus dining halls, and as a nice bonus, all family members can dine for just \$5.

GW Dining will also be attending these Weeks of Welcome events!

- Movie Night | Friday, Aug. 16 | Mount Vernon Campus
- Resource Fair | Sunday, Aug. 18 | University Student Center
- Resource Fair | Monday, Aug. 19 | University Student Center
- Vern Cookout | Thursday, Aug. 22 | Mount Vernon Campus
- First Night | Saturday, Aug. 24 | Kogan Plaza



You Spoke, We Listened - In Action!

When you send in an idea, suggestion or feedback about our dining program, we listen, and where feasible, put your suggestions into practice.

Recent feedback put into action:

You Said: "We want a way to give consistent feedback in the dining halls." - SGA Dining Focus Group

Our Action: We have added Happy or Not Kiosks to every Residential Dining Hall. It is fast and simple to add your feedback just by tapping the face that resonates with you for that meal period at the dining hall. Thank you for helping us enhance your dining experience!

You Said: We would like more options in the Avoiding Gluten space at Thurston Dining Hall

Our Action: Made-to-order Cauliflower Crust personal pizzas are now in the Avoiding Gluten Station at Thurston.



A Word From Your CAMPUS DIETITIAN



Welcome to fall 2024! College is an exciting adventure, and I am here to assist you with your transition to campus dining. With your meal plan, you have the added benefit of scheduling a meeting with me anytime during the year to discuss navigating on-campus dining options, dietary restrictions, or nutritional counseling. <u>I am so excited to</u> <u>meet you</u>!

Have dietary needs or restrictions our staff should know about? **Don't be Shy, Self Identify!** Make a digital Allergen ID card on the <u>Dine on Campus</u> website or app by creating a login. Your allergen card can then be printed or added to your smartphone wallet! Use this to privately inform our staff at any dining location of your dietary needs.

- Natalie Coppola, R.D.

BOOK TIME WITH THE GW DIETITIAN

NUTRITION & ALLERGY INFORMATION



To enhance your dining experience, we are making a few small adjustments to our hours of operation:

- Similar to previous semesters, our three all-you-care-to-eat Dining Halls will take a brief pause from 10:30 am
 11 am after breakfast and from 4 pm 5 pm after lunch. These breaks allow our staff to refresh the menu and dining space to prepare for the next meal service.
- All Dining Halls will stay open for dinner until 10 pm.
- Shenkman Dining Hall will begin breakfast service earlier at 7 am, Monday Friday.
- Shenkman Market will now be open weekends (Saturday and Sunday) from 8 am 2 pm.

We hope these expanded hours will give students with busy schedules, like yourself, more opportunities to dine on-campus.

Check out the full hours of operation and what's on the menu daily, before leaving your home to dine!

Have Questions, Comments?

- Email us at <u>dining@gwu.edu</u>.
- Call us at 202-994-FOOD (3663), Monday to Friday from 8 am 4 pm.
- **Text 2 Chat**: Use the phone numbers advertised at each dining hall to direct message management with any feedback or questions you may have.
- Meet with us at our Student Advisory Panel Meeting happening once a month!





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