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CBD CONNECTION

THE CANCER & BLOOD DISORDERS CLINIC NEWSLETTER

April 2016

National Prescription Drug Take-Back

The National Prescription Drug Take-Back will be held on April 30, 2016 from 10:00 am - 2:00 pm. This is an opportunity to return unwanted, unneeded, or expired prescription drugs for safe disposal. Collection sites can be found at <http://www.dea.gov>.

What's the Deal with 6-mp and Dairy Products?

The recommendation has been that kids taking 6-mercaptopurine cannot have dairy within two hours of taking their medication. Recent evaluation of the origin of that recommendation found it was based on the fact that unpasteurized milk contains an enzyme (xanthine oxidase) which can inactivate 6-mp. We now know that the pasteurization process of milk inactivates this enzyme. So there is no risk of inactivating 6-mp from pasteurized milk and dairy products. Also, taking 6-mp with food does not alter its effectiveness. So enjoy your dairy and healthy bedtime snacks!

Hemophilia/Bleeding Disorders Camp 2016

July 10-15

Registration for the Hemophilia/Bleeding Disorders Camp is now open for patients ages 8-17. Camp will be at Courage North in Lake George, MN. The adventure camping trip for teens will be July 15-19. For questions or concerns, please contact [651-406-8655](tel:651-406-8655) or www.hfmd.org.

Clinic Summer Hours

We offer extended hours on Mondays and Thursdays during the months of May-August. Please contact [612-813-5940](tel:612-813-5940) to schedule all appointments.

UPCOMING EVENTS

Flashes of Hope- Friday, April 8th

Flashes of Hope is a nonprofit organization that raises money for pediatric cancer research and changes the way children with cancer and other life threatening illnesses see themselves through the gift of photography. The portraits are taken by award-winning photographers who volunteer their time for this event. There is no cost to the families for this event. Please contact a Child Life Specialist if you are interested in participating.

2016 HFMD Annual Meeting

April 22nd & 23rd

Camp VIP 2016

August 15-19

Camp will be held at Camp Courage in Maple Lake, MN for patients (ages 7-17) with cancer, sickle cell disease, and their siblings.

Registration is available in clinic, online at www.truefriends.org, and at [612-813-8003](tel:612-813-8003). The deadline for registration is July 22nd.

STAR Clinic

Summer is a great time to schedule your annual long term follow up appointment with our STAR clinic if you are due for a visit. We are also offering clinics in St Cloud on some Thursdays over the summer months. Please call [612-813-5940](tel:612-813-5940) to schedule your appointment.

Hilton MSP Airport/Mall of America

Friday Night: Dinner at Hilton, Sea Life Aquarium for all Members

Saturday:
Education sessions, Ask the Docs, and Networking

For more information and to register, contact HFMD at [651-406-8655](tel:651-406-8655) or <http://www.hfmd.org>

DICER1 Symposium May 14th & 15th

Children's Minneapolis Education Center

This two day symposium will present the latest clinical and biologic findings in DICER1 syndrome, provide updates on preclinical models, and provide much more valuable information.

There is no fee for attending, but registration by May 11th is required. [Register today!](#)

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