



201.833.1134

[Donate Now](#)

# Talkin' Tech

## with Janell Burley Hofmann

A monthly newsletter for SINAI parents

October 2019

### WELCOME!

Each month, Janelle Burley Hofmann and SINAI Schools will partner to bring parents and families a newsletter filled with information and learning opportunities. Nine editions delivered right to your inbox!

Enjoy a short video with Janell at Parent Tech Tip as well as articles, updates, recommendations, and opportunities to ask questions.

This newsletter is for YOU! So let us know what you want included.



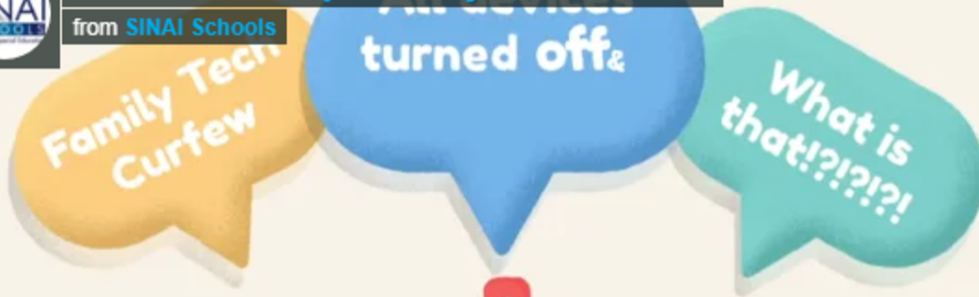
### Who is Janell?

Janell Burley Hofmann is an international author, speaker, and consultant on digital health and well-being. Janell works with youth, educators, families, communities and organizations finding solutions and best practices for living tech-healthy lives. She is also a mother of five children ages 10, 12, 14, 16, and 18. Additionally, she has a Bachelor's Degree in Communications and Media Studies and a Master's Degree in Critical and Creative Thinking. This is the second year Janell has partnered with SINAI Schools. For more information on Janell, visit [www.janellburleyhofmann.com](http://www.janellburleyhofmann.com).



## Parent Tech Tip: Family Tech Curfew

from SINAI Schools



02:53



vimeo

### What's New?

- Apple's latest operating system, **iOS 12's new Screen Time built-in is [here](#)**. Check it out [here](#).
- **Want to make your own FREE tech contract?** Check out this feature made by Janell Burley Hofmann & VISR - [click here!](#)
- **Want to learn more about Fortnite?** Click [here](#) and [here](#) to learn almost everything you need to know in these two articles below. But don't forget to learn the game yourself too! Get to know it & watch your child play it!

### What Are We Reading

- **BOOK:** I think you'd all enjoy Sherry Turkle's book **"Reclaiming Conversation: The Power of Talk in a Digital Age."** You can learn more about it [here](#). Turkle is an MIT professor of Science, Technology, and Society and has been studying the impacts of technology on society for thirty years. She is a great resource!
- **Article:** One of my favorite (and free!) resources for parents and educators is Connect Safely. Here are some smart & savvy safety tips to review with your family. Check them out here in Connect Safely's **["Parent's Guide to Cybersecurity."](#)**
- **Listen:** Want to learn on the go? Listen while driving the carpool, doing errands, or while making dinner! **[Check out Part 1](#)** of Janell's interview on Exceptional Parenting Podcast.

Do you have a tech & family question? Email Janell at [JBH@JBHwrites.com](mailto:JBH@JBHwrites.com). Janell will (confidentially) answer one question each month in the newsletter.



Transforming  
Lives Together



SINAI is a beneficiary agency of Jewish Federation of Northern New Jersey and Greater MetroWest.

SINAI is accredited by Middle States Association.



© SINAI Schools | 240 Frisch Court, Suite 100, Paramus, NJ 07652  
Business & Administrative Office | Tel: 201.833.1134 | Fax: 201.833.8772 | [info@sinaischools.org](mailto:info@sinaischools.org)  
[www.sinaischools.org](http://www.sinaischools.org)

Share this email:



[Manage](#) your preferences | [Opt out](#) using TrueRemove™

Got this as a forward? [Sign up](#) to receive our future emails.

View this email [online](#).

240 Frisch Court, Suite 100  
Paramus, NJ | 07652 US

This email was sent to .

*To continue receiving our emails, add us to your address book.*

emma®

[Subscribe](#) to our email list.