Dear LSU Families,

I hope all is well with you and your family. I have found this email to be very helpful. Please contact us if we can be of assistance to you.

In this newsletter, we have included information about the following:

- **Student Union Art Gallery:** is accepting submissions for the 2021 Student Art Show! Interested students can visit the Student Union Art Gallery to learn more about the submission process.
- **LSU Olinde Career Center:** will be hosting a free event for students to explore career options. More information can be found by visiting their website.
- **MCW Leadership and Effectiveness for Academic Success:** will be hosting virtual events to help students prepare for midterms. The events are open to all students and can be accessed through the LSU website.
- **Mental Health Service:** is offering a 3-session virtual Anxiety Management Group to help students cope with stress. Interested students can contact the Mental Health Service for more information.
- **University of Arkansas Football:** will be facing LSU this weekend. The game is being held under the lights of Tiger Stadium.
- **TrueRemove COVID-19 Protocol:** is important to follow to keep yourself and others safe.
- **Defend LSU Golf:** is accepting bids for their calendars. Students can purchase the calendars online to support LSU Golf.

Please check out the rest of the newsletter for more information and resources. If you have any questions or need assistance, please contact us.

Sincerely,

[Your Name]