**Yom Hashoah (Holocaust Remembrance Day)**

- **Day:** Monday, 4.20.2020
- **Tradition:** Baha'i
- **Date:** April 20, 2020
- **Significance:** Commemorates the 12 days that Baha'u'llah spent in the Garden of Ridvan in the last days of his exile in Baghdad, especially important in North India.

**Hindu Festival of Vaisakhi**

- **Date:** April 13, 2020
- **Tradition:** Sikhs
- **Purpose:** It is also the anniversary of the Sikh religion's first written constitution, the Guru Granth Sahib, and the founding of the Khalsa.

**April is Sexual Violence Awareness Month**

- **Activities:**
  - **CARE: Art for April**
  - **CARE: Bake It Til You Make It**
  - **Violence Prevention and Education Program**

**Easter**

- **April 12 – April 19, 2020**
- **Traditions:**
  - **Good Friday:**
  - **Holy Thursday/Maundy Thursday:**
  - **Palm Sunday:**
  - **Easter Sunday:**

**Ramadan Preparations**

- **Date:** April 16, 2020
- **Tradition:** Muslims
- **Purpose:** Preparation for the month of Ramadan, a month of fasting, prayer, and reflection.

**New Instagram Account**

- **Catholic Chaplaincy**
- **Purpose:** A place to collect and reflect on random acts of kindness and spiritual reflections.

**CMHS Virtual Support Group for Graduate Students**

- **Information:**
  - **Sophie.Ricks@tufts.edu**

**Music in Time of Social Distancing**

- **Resource:** Videos created by Music Director, Thomas Dawkins, offering ideas and practices for grounding and centering.

**Art and Sexual Violence**

- **Submission:** Pictures, drawings, spoken word performances, poems, social media. Submissions can be sent to CARE: Art for April.

**Soulful Sunday**

- **Participation:**
  - **Philosophy:** The practice is predicated on the idea that mindfulness in our day-to-day lives is as necessary as contemplation in our spiritual practices.
  - **Objective:** To help our community slow down, find space for engagement and to draw from our tradition's wealth of wisdom for sustenance.
  - **Format:** The concentration is on a theme from the Passover seder. Use it as a primer before the holiday celebration or pour four glasses and be guided through a Utah-based series of sections, and ritually through a Hebrew prayer, and continue with reflections and themes from the Passover seder. Use it as a primer before the holiday celebration or pour four glasses and be guided.

**Check-In with a Chaplain**

- **Purpose:** Provided for Tufts graduate students currently living on campus or in the greater Boston area.
- **Contact:**
  - **Priya.Sraman@tufts.edu**
  - **Lynn.Cooper@tufts.edu**

**Recycling Internship**

- **Opportunity:** internship in the Office of Sustainability to gain hands-on approach to sustainable waste management.
- **Application:**
  - **Recruiting:** Looking for Students to be Recycling Interns

**Easter Resources**

- **Sponsored:** Protestant and Catholic Chaplaincies.
- **Offerings:**
  - **Easter Seder:**
  - **Sundays, April 12, 4:00 p.m. ET and April 19, 7:00 p.m. ET
  - **Holy Thursday and Good Friday:**
  - **Prayers:**
  - **Virtually:**
  - **All are welcome:**
  - **Woman for Easter:**

**With Gratitude**

- **Goal:** To develop a practice of being more appreciative of the present moment.
- **Resource:**
  - **“Grateful Living.”
  - **Music:**
  - **“Grateful for You”

**Check-In with Chaplain**

- **Purpose:** Fully available for students, faculty, and staff.
- **Contact:**
  - **Sophie.Ricks@tufts.edu**

**PRAISE: A Soulful Sunday Resource**

- **Purpose:** A series designed to help our community slow down and find space for engagement.
- **Format:**
  - **Philosophy:** The practice is predicated on the idea that mindfulness in our day-to-day lives is as necessary as contemplation in our spiritual practices.

**Questions and Answers**

- **Level:** Beginner
- **Instructor:** Walks Bristol
- **Date:** Wednesday, 4.8 – Thursday, 4.16.2020
- **Duration:** six-week observance (40 days excluding Sundays) beginning with Ash Wednesday and culminating in Holy Week.

**Cultural Competence Committee**

- **Purpose:**
  - **Mission:** Promoting multi-faith engagement.
  - **Focus:** Spiritual and ethical issues in society and the world.

**About the University Chaplaincy Enews**

- **Purpose:** Promoting programs and events.
- **Frequency:** Weekly.