spiritual and ethical issues in society and the world, and promote multifaith engagement.

Tradition: Judaism

The Garden of Ridvan

During which time he proclaimed himself as the one announced by Bab. Work is suspended for the first, ninth, and eleventh days of the festival.

Commemorates the 12 days that Baha'u'llah spent in the Garden of Ridvan in the last days of his exile in Baghdad, Iraq.

Friday, 4.17.2020

Tradition: Sikhism, Hinduism

Vaisakhi

This festival marks the birth of Guru Nanak and marks the start of the Har Krishan festival. Sikhism celebrates the festival to symbolize new life and the harvest of the crops. Hindus celebrate the festival to celebrate the birth of Lord Krishna.

Protestant and Roman Catholics observe it.

It is also known as "Passion Sunday." Orthodox Christians often observe this Sunday on a date different from the date on which Western Christians observe Easter on a different date than Orthodox Christians.

Tradition: Christianity-Protestant, Christianity-Roman Catholic

Easter

On this day, Christians celebrate the resurrection of Jesus Christ. The day is observed by attending church services, participating in Easter egg hunts, and other traditions. Easter is the most important Christian holiday.

Year and initiates the 50-day period culminating in Pentecost. Protestant and Roman Catholic Christians often observe Easter on a different date from the one observed by Orthodox Christians.

Tradition: Islam

Lent

In Roman Catholic and Eastern Orthodox churches, the first day of Lent marks the beginning of the Great Fast, the final six weeks of a ten-week period leading up to Holy Week and Easter (Pascha). In the churches that follow the Gregorian calendar, Lent is a forty-day period leading up to Holy Week and Easter (Pascha).

In Orthodox churches, the first day of Lent marks the beginning of the Great Fast, the final six weeks of a ten-week period leading up to Holy Week and Easter (Pascha).

If you're interested in contributing to the Tufts COVID-19 Pandemic Collection at Digital Collections and Archives, please contact Marilyn Downs and Sophie Ricks. For more information or to sign up, please contact Marilyn.Downs@tufts.edu and Sophie.Ricks@tufts.edu.

Andrea Fort for Tufts University

Opening Religious Workshops and Features

Weekly reflections are available for students to use in their daily lives. These reflections are designed to help students develop a deeper understanding of their faith and how it can be applied to their lives.

All are welcome. Please reach out to Rabbi Naftali Brawer, Jewish Chaplain, Walker Bristol, Humanist Chaplain, and Father Gary Cannata, Catholic Chaplain.

Student-Athlete Mindfulness Program

The Student-Athlete Mindfulness Program is now open for the Spring semester. The program is designed to help student-athletes develop a deeper understanding of mindfulness and its benefits.

Please contact the Program Manager, Nora Bond, at Nora.Bond@tufts.edu.

Mindfulness and Yoga Opportunities

For more information please contact Kyla.Martin@tufts.edu.

April is Sexual Violence Awareness Month. To honor and empower all people and communities impacted, CARE is hosting a virtual event on April 16, 2020.

Join via Zoom by clicking here.

April 12, 4:00 p.m. ET:

Protestant Evening Worship

Check out the Catholic Chaplaincy's new Instagram account. This account will be a place to collect and reflect on the spiritual and ethical issues in society and the world, and promote multifaith engagement.

Catholic Chaplaincy on Instagram (@tufts_catholic_chaplaincy)

Humanist Hangout by Zoom

Join for the event via Zoom by clicking here.

April 16 - Ramadan Preparations

Thursday evenings. This is a time for students to draw from our tradition’s wealth of wisdom for sustenance.

We invite you to bring a candle or small light as a way of being together for the evening with one another. Come for as long or as short as you are able.

Join Buddhist Chaplain Venerable Priya for meditation, preaching, and reflection over Zoom, led by Protestant Chaplain Dan Carr.

Wherever you find yourself in mind, body, and spirit in these times, may you find the strength and courage to be present to your needs and the needs of others.

Marilyn Downs and Sophie Ricks. For more information or to sign up, please contact Marilyn.Downs@tufts.edu and Sophie.Ricks@tufts.edu.

April 16 - Meditation for the Anxious Mind

We invite you to meditate with the wisdom of Buddhism during a time of crisis. This session will provide an opportunity to practice mindfulness and reflect on the present moment.

Join via Zoom by clicking here.

Check-In with a Chaplain

Chaplain’s name below to schedule a time for conversation, meditation, prayer, or to check in about anything else you need. This is a time for you to come together for spiritual care, to listen to your needs, and to offer support.

Check-In with a Chaplain

Join via Zoom by clicking here.

Take care,

Eloise

A practice that has helped me with this is writing (very) short stories for myself. I notice parts of myself that maybe only I know personally and give those parts their own names and stories.

impossibly resilient creature, an oak tree changes outwardly but remains itself in some fundamental way. As梭 colloquially, a tree is like a character that is so

many of the ways in which we're used to presenting ourselves to others? A practice that has helped me with this is writing (very) short stories for myself. I notice parts of myself that maybe only I know personally and give those parts their own names and stories.

This Saturday her video will be part of the Tree of Life project. It will be a partner in the journey of looking through that window together. And wishing strength to your own oak tree in these times.

Additionally, there’s a video (taken from a TEDx talk) of a person talking about the title character undergoes in the several centuries of their fantastical life, notably a sudden and mystical change to an oak tree.