It's easy to turn to sweets, television, coffee, alcohol or other drugs to "manage" stress so it's no
all.

When studying for finals, students often pull all-nighters. While you
anxiety surpasses depression as the #1 issue college students face
students using inadequate methods to cope. Studies show that

or shut down. This can be especially true during finals week, when
it goes beyond feeling nervous, to the point that they can freeze up
Most people get nervous before taking a test, but for some students,

does not already have a parking permit for the open parking lots, they are still eligible to buy a $30
December. Students will be notified about
In addition, garage passes for the spring semester will be available starting the first week of

Each year after we close the residence halls, we receive calls from students and parents requesting
specific circumstances.

on a case-by-case basis, and students should be in touch with their Resident Directors about their
semester on Sunday, January 19 at 9:00 am.

Student Conduct Corner

Wednesday as part of our "Free Money Wednesday" campaign. You can also see new scholarship
Aid), please consider doing so. We do post new scholarship opportunities and reminders each

Office of Financial Aid Announcement

Wishing you and your family a joyous holiday season and best wishes for the coming year.

A Message from President Fiorentino

#RamFam Love,

As always, please reach out with any questions, comments, or concerns
success is largely reliant on your support, so congratulations to you too!
Final exams are wrapping up and your students are finishing their fall semester; congratulations to
Greetings Ram Fam!

What do you plan to change for next semester?
How do you think this semester went?

I really think that both development and success is important in both areas.

really well! Be sure to discuss academic as well as social pursuits to remind them that their
residence, to decorate an evergreen that takes pride of place in the living room. She asks that

Club. Dozens of students pitched in to create these ornaments.

wood chips were transformed into works of art by the Kappa Pi Art Honor Society and by the Art
Club. Assistant professor of art, joined us at Tanglewood to decorate the tree with these ornaments, which

Two honor society members, Olivia Dreon and Emily Dabrowski, and club advisor Karen Watkins, an

Club. Dozens of students pitched in to create these ornaments.

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